

Research

Before the first meeting with your care provider (intake appointment), it would be helpful for you and your involved relatives to learn about the following subjects. The caregivers often discuss these subjects during the first meeting. Of course there is also the possibility of mentioning one of these subjects yourself, but you can also initiate this discussion or even better: dialogue! Feel free to bring these lists to the meeting to help you remember.

Filled in by:

I mostly suffer from:

My condition / illness / problem has the following effects on my interaction with others:

- at home:
- at school/education/my job:
- in my free time:

I would like to change the following:

To accomplish this, I can contribute:

I hope the care will bring me the following:

I definitely don't want to:

I am afraid of:

I am insecure about:

If further assessment is recommended during the first meeting, and you are unclear, you can ask the following about this assessment:

- What is the reason for this assessment?
- What can we expect during this assessment (what will be undertaken, how soon and how long will it take, with who)?
- Are there any harmful effects to be expected?
- When will we receive the results of the assessment?