

## **Counselling & decision-making**

A feedback counselling session usually follows the assessment phase in the regular course of events. This meeting's 'agenda' often looks as follows:

### **AGENDA FEEDBACK COUNSELING SESSION**

#### **Short recap**

(The cause of care, the care needs, your expectations, how events unfolded leading up to this session, additional points if applicable)

#### **Discussing assessment and advice**

(The assessment's results, opportunities for possible care and associated explanation, your opinion/questions/reaction, the shared conclusion and possible choice for relevant care)

#### **Shared decision on next steps**

(This is a very important component of the feedback counseling session; make sure you agree with each other on the issues discussed and how to tackle the problems that were identified; the assessment's conclusion and the associated advice should be suitable and feasible for you)

#### **Commitments**

(about the care [treatment and sometimes further assessment], about the clarification [also when it concerns your child and he/she is not present], about the file report and next steps)

### **Own additional subjects for the consult meeting**

Beforehand, it is helpful to prepare a list of subjects, which you would like to discuss at the feedback counselling session. It's highly important that you feel comfortable to truly be yourself and bring forward your own interests / concerns / questions in a sufficient way.